

## SAMPLE TOPICS

### FOR DISCUSSION AT YOUR FIRST FAMILY MEETING

- How is your parents' health? If they have chronic problems, what are the prospects?
- Is there home still a viable place for them to live? Do adjustments need to be made, such as grab bars in the bathroom or a wheelchair ramp at the back door? Should they consider new arrangements?
- Do they need some assistance with routine daily chores / cooking / housekeeping / bill paying / taking medications? What are the family / community resources for help?
- What about driving? Are there good alternatives?
- What is their financial situation?
- Where are their important documents:
  - ❖ Wills?
  - ❖ Advance Directives? (Living Wills)
  - ❖ Medical Powers of Attorney?
  - ❖ Financial Powers of Attorney?
  - ❖ Bank and Stock Certificates?
- Is their health insurance adequate?
- What are their end-of-life wishes?
- Which family members are willing to help? In what way?